

# Drug and alcohol recovery outcomes framework

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*Mainstreaming recovery in Irish drug policy and  
practice: The challenge of change*

8 September 2017



European Monitoring Centre  
for Drugs and Drug Addiction

ISSN 1606-0933

EMCDDA

# INSIGHTS

Social reintegration and  
employment: evidence and  
interventions for drug users  
in treatment

# 13

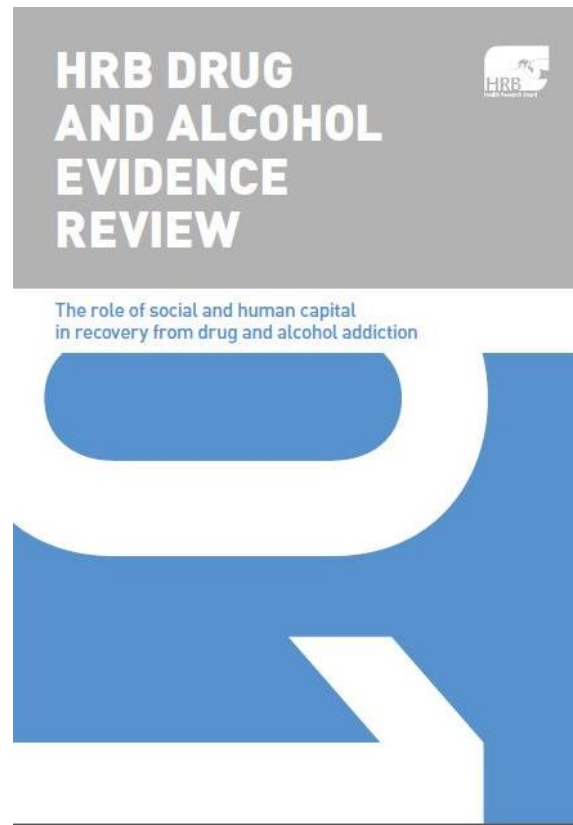
# HRB: drugs and alcohol monitoring and research

- Information systems:
  - National Drug Treatment Report System
  - National Drug-related Deaths Index
- General population survey (from 2017)
- Report for European monitoring centre

# HRB: dissemination and knowledge transfer

- Online research library
- Quarterly research bulletin
- HRB Drug and alcohol evidence review series

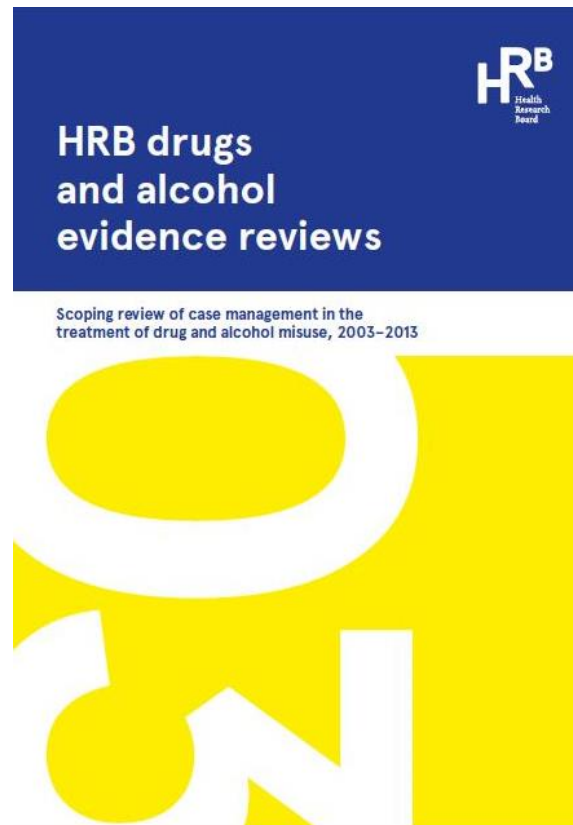
# Social capital in recovery



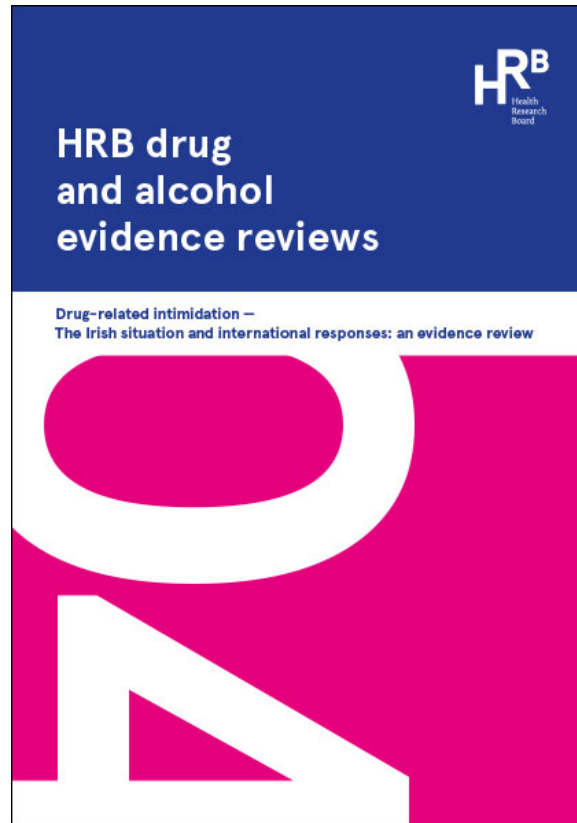
# Out-school prevention programmes



# Case management

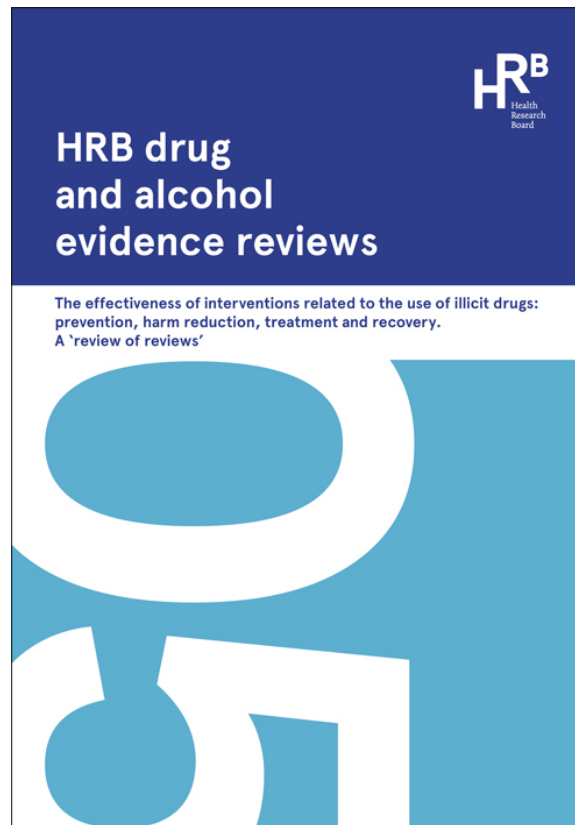


# Drug-related intimidation

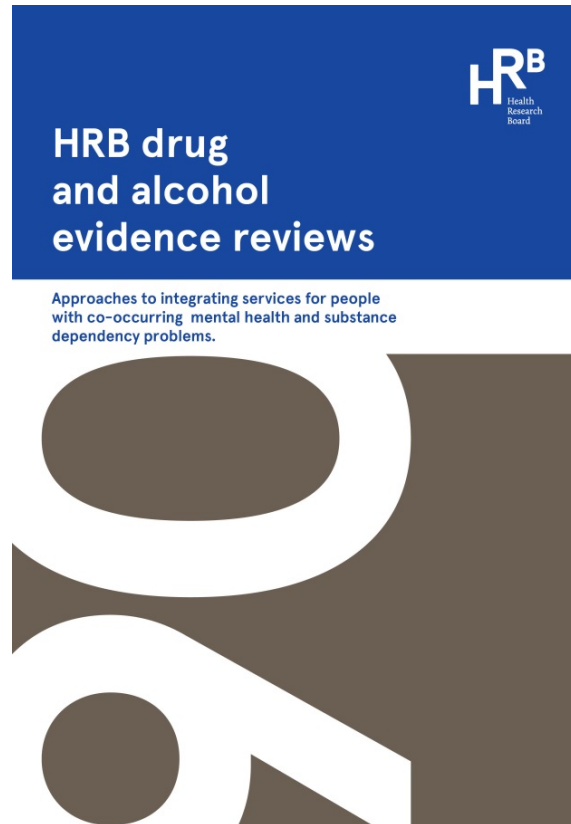




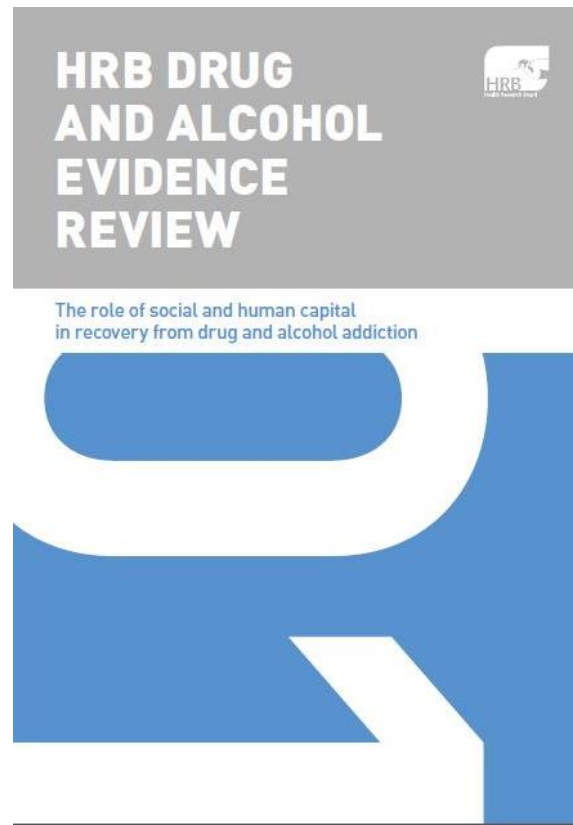
# Review of systematic reviews



# Dual diagnosis



# Social capital in recovery



# Theoretical approach

## Shared measurement:

- Focus on measuring outcome and impact
- Agreement on what is measured
- Ability to compare
- Improves standards of impact measurement

# Drug and alcohol recovery outcomes framework

**Purpose:** Identify common outcomes and work towards a shared system of measurement for interventions.

# Assumptions

## Current situation:

- Little consistency in measuring outcomes from recovery interventions;
- Gap in evidence around recovery interventions;
- Task forces are interested in identifying common outcomes in recovery interventions.

# Shared measurement workshop

## Objectives:

- Identify most common services and interventions
- Agree on types of personal outcomes
- Identify measurement tools for each outcome

# Service mapping

Most common services and interventions:

- Counselling
- Information & advice
- Family support
- Employment and training
- Awareness and information



# Outcomes framework

## Attitudes and feelings:

- Self-efficacy
- Attitudes
- Self-awareness
- Self determination
- Emotional regulation
- Self-esteem

# Outcomes framework

## Employment and skills:

- Communication skills
- Self-management skills
- Interpersonal skills
- Qualifications
- Experience
- Employment

# Outcomes framework

## Relationships:

- Social networks
- Family relationships
- Peer relationships
- Co-dependency
- Parenting
- Impact on family & community

# Outcomes framework

## Personal circumstance and needs:

- Physical health
- Mental health
- Housing
- Criminal activity
- Debt and finance

# Outcomes framework

## Drug use behaviour:

- Substance use
- Safe use
- Reduced relapse
- Maintenance
- Prevention



# Measurement tools

Outcomes grouping: Attitudes & feeling

**Self-efficacy:** a person's belief in their ability to affect situations and have control over the direction of their lives

Measurement tool: [Self-efficacy & self control](#)

## Research Evidence > Outcomes Framework

Shared measurement involves using common tools to track outcomes across similar organisations and settings. This project aims to develop a shared outcomes framework and a set of common measures for Drug and Alcohol Taskforces to begin tracking the impact of their work in a consistent way. It is hoped that this will enable better understanding of what works to promote recovery from drug and alcohol misuse, enable learning across services, taskforces and regions and allow evidence of what interventions are effective at a local context to be fed into national strategy.

[Full Outcomes Framework report](#)

[Outcome measurement tools](#)

[Attitudes and feelings outcome tools](#)

[Employment and skills outcome tools](#)

[Relationships outcome tools](#)

[Personal circumstances and needs outcome tools](#)

[Drug use behaviour outcome tools](#)



# Staff and service users consultation

## Objectives:

- Ensure relevance to service user experience
- Encourage a sense of ownership
- Ensure that any measurement used is proportionate
- Ensure that language to describe the service user experience is accessible

# Staff and service users consultation

## Outcomes added following consultation:

- Thinking differently
- Self-acceptance
- Reduced isolation
- Spirituality
- Appearance
- Self-medication
- Able to contribute/having purpose



## DRUG AND ALCOHOL RECOVERY OUTCOMES FRAMEWORK

Eibhlín Ní Ógáin & Lindsay Hodgson

Commissioned by the Health Research Board

MARCH 2017

## Next steps

- Training and support
- Data gathering
- Pilot study

# Training and support for impact monitoring

Staff inputting data or interpreting outputs will need training in:

- Understanding and identifying the relevant outcomes for their service or services
- Using the measures recommended in the framework with service users
- Analysing and interpreting results

# DATF pilot project

- Identify Task Forces with appropriate IT systems
- Agree which outcomes to measure across all taskforces
- Agree which standardised, validated measurement tool to use
- Train staff in the use of tools
- Report on the outcomes.
- Analyse results